

# DON'T MISS THIS FREE SEMINAR

Please join Dr. Lombino and Gail Chen, MS, CNS,  
for a FREE health seminar to find out how to:

## PROTECT YOURSELF AGAINST **ALLERGIES** **COLDS & FLU**

Summer is over. Fall and winter are upon us. That means hayfever, ragweed, mold, back-to-school, and sharing germs! Learn how to boost your immune system to naturally fight these common ailments.

*Date: Tuesday, September 10, 2019*

*Time: 7:00PM*

*Place: 126 Stage Road, Monroe, NY*

**Please RSVP - 845.783.9797**

**All attendees will receive a complimentary  
Nutrition Response Testing® health screening.**

Holistic • Non-Invasive • Individualized Nutrition



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